What is Needling?

Needling has been in practice since the late 1980s, but has gained in popularity in the last two years. Needling treatment is the preferred method for 100% natural scar and wrinkle reduction. This technique promotes the body’s natural collagen production and also melacantis (pigment producing cells). Needling will relax and smooth out scars, wrinkles and help to tone skin discoloration (hypo- and hyper-pigmentation). Needling has also shown to be promising in the reduction of stretch marks. Most commonly used in UK hospitals for post-surgical scar reduction. Some other names for needling are:

- Intradermabrasion
- Needle Abrasion
- Needle-dermabrasion
- Percutaneous Collagen Induction (PCI)
- Multitrepannic Collagen Actuation (MCA).

How does it work?

Needling has been often been referred to by some as an acupuncture, but the needling treatment does not involve acupuncture at all. Needling doesn’t involve pigments. A high-speed digital machine (150 to 230 punctures per second) places thin needles in the lower and higher dermis skin layer, breaking the already formed old collagen chain. The brain receives messages to repair the trauma to the existing collagen chain. The effect is an immediate response of the dermis. The skin starts to immediately produce and generate new collagen and form new bonds. The exterior effect of Needling is that your own collagen is forming and pushing the skin up, which will smooth and reduce up to 80% of scars and plump up the wrinkles and erase fine lines.

How deep does needle penetrate the skin?

During the Needling procedure the needle penetrates the skin only 0.5-1 mm deep.
What kind of scars can be treated?

Needling can be used to treat any kind of scars except: Keloids or raised scars, red scars, and scars that are too fresh after surgery or an accident. The needling procedure works great for:

- Acne scars
- Chicken Pox scars
- Burn scars
- Post-surgery scars:
  - Tummy Tuck
  - Breast Augmentation
- Face Lift
- Post-Cancer surgery scars
- Hair transplant scars
- Post-car accident scars
- Stretch marks.

How about wrinkles and large pores?

Needling is great for face, neck, and hand wrinkles. The procedure works great for large pores and age spots.

Are results for wrinkles similar to those to BOTOX?

YES THEY ARE!!! After the needling procedure, patients report difficulty to wrinkle the treated area as similar to Botox. The difference is that **NEEDLING IS 100% NATURAL!!!** It’s your own collagen and nothing else, and no poison is injected! The needling effect even lasts longer - not 6 to 8 months but 3 to 8 years. Needling is also much less expensive!

Needling is a cosmetic procedure- not a medical one. Wrinkles and scars are not classified as a disease, therefore the use of cosmetic procedures is not considered to be medical treatment. Needling is more beneficial in the fight for wrinkle reduction than the use of electrolysis and/or microdermabrasion. These similar methods have been used at spas and beauty salons for many years.

How old can the scar be?

In general, the scar should be at least 1 year old. In some cases, 6 months is long enough. The older the better!

Can an “old scar” still be treated with good results?
Definitely, yes!!! They usually are soft, and even easier to work on than new scars.

How soon can I expect results?

Most people see and feel results immediately after the needling procedure. After about a week the process of collagen forming slows down, but strongly speeds up from 4 to 8 weeks when you can really see the difference and the results. Needling has similar effects as laser treatment, but often works faster, is much less expensive, and doesn’t damage the epidermis to get the desired effect. There are some differences between scar and wrinkle healing after the procedure. It also depends on an individual’s skin healing abilities. The individual’s age and immune system can also support or slow down the healing process from procedure. After the Needling procedure, wrinkle lines may not disappear completely but will be more shallow and smoother. Clients feel a similar difficulty to wrinkle the treated area (similar effect as Botox, but 100% NATURAL!!!)

How long does each procedure take and how many do I need?

Most procedures take 1 to 3 hours. However, each procedure varies from person to person. It depends on how big the scar is, how many you want to treat during one session, and how large, or intense the wrinkles are.

The number of procedures you will need depends on your own unique body regeneration abilities. The average is 2 to 4 needling procedures. You will have complete control over how many needling procedures you want to have done. After about every 4 to 6 weeks you will know if you need another procedure or if you are completely satisfied with your results.

What’s the percentage difference after each procedure?

**Scars** - a visible change in appearance is **50- 80%**!

**Wrinkles** - **40-80%**!
**How long does the effect last?**

Each case is different, and so is everybody’s skin regeneration. In general after needling, **for scars** they will get smoother, softer, and be reduced for the rest of your life. It not only depends on your skin type, but also on muscle structure, and your habits of facial expressions. After needling, your results will depend on your regeneration process but also on your genetics, and how much and how often you wrinkle your skin (forehead, area around your eyes). The habits of facial expressions vary in every person. There is also a huge impact from how you treat your skin on a daily basis. Sunscreen, Vitamins A, E, and C will definitely help your skin appearance in all cases! In general, the effect from needling will last somewhere between 3 to 8 years.

To determine how to keep your effect after Needling **for wrinkles** much longer, so call for additional information.

**Is Skin Needling Natural and Safe?**

Skin Needling is 100% Natural! There is nothing injected into the skin. Allergic reaction and side effects rarely exist. Needles are working in the dermis layer of the skin and bring an immediate reaction from the brain to the skin. Your body produces more and more collagen to plump the wrinkles, smooth and reduce existing scars. The equipment, techniques, and hygiene standards used for the needling treatment are similar to those used to do permanent makeup or tattooing.

**Does the Needling Roller give this same effect?**

Using a professional needling machine will allow one to focus on the exact places that need to be treated. With acne or chicken pox scars, precision is everything. A roller may help you on large areas (stretch marks, etc) or can stimulate successful scalp hair growth. To get the right results in Needling treatment, it’s extremely important how deep and how frequent the needle will penetrate the skin. The experience and education of the person who will provide the **Needling Service** for you is extremely important. If the needle goes too shallow, that will leave damage on the top layer of the skin without any results. If it goes too deep and hits the muscle, that will leave a scar. Imagine going to reduce your scars or wrinkles ... and getting deeper scars instead -- all over your face or another area that was treated!!! Pick the right person for this procedure.
Can anybody do the procedure?

**Definitely no!!!!**

Needling is a very advanced technique and therefore, specialized training is required. Spend some time to find the right person, who knows how to successfully apply the Needling Procedure so you will see positive effects. *This can be a very helpful procedure giving you amazing results!* But if somebody uses Needling without the right education and skills, it can leave even deeper scars than you had to start with. Wrinkles if treated too deep and with the wrong speed can become scars!

**Does Needling hurt?**

For all Needling procedures like for Permanent Makeup, it is preferred to use topical anesthetics to minimize discomfort. In the beginning of the needling procedure, some patients don’t feel any pain, and some feel only discomfort. During the procedure, after applying additional anesthetics, most patients don’t report pain or discomfort at all.

**How much does it cost?**

Needling is **not** an expensive procedure. It depends on how large the treated area is and how large and deep the scars or wrinkles. For wrinkles and scars, treatments start from $250 to $500.